

DONEPEZIL (ARICEPT)

MEDICATION CLASS: Cholinesterase Inhibitor; Cognitive Enhancer

HALF-LIFE: 70 hours

METABOLISM: CYP2D6 and CYP3A4

STARTING DOSE: 5mg per day

TARGET DOSING RANGE: 10mg per day

BEST TIME TO DOSE: Daytime

HOW TO DOSE: Start 5mg per day and increase to 10mg per day after 4 weeks.

PREGNANCY: Minimal data on safety.

BREASTFEEDING: Minimal data on safety.

SIDE EFFECTS: Gastrointestinal side effects, nausea, vomiting, weight loss, sleep problems, dizziness, odd dreams, muscle cramps, depression, seizures (RARE)

DRUG INTERACTIONS: CYP2D6 and CYP3A4 inducers and inhibitors. Bradycardia if combined with beta blockers.

FDA INDICATIONS:

1) Alzheimer Disease (mild, moderate, severe)

Off Label: Mild cognitive impairment, Delirium, Memory problems associated with other disorders